

Pre-natal and Infant Resources

Home Visitation Program for First Time Mothers– Nurse-Family Partnership Multiple Locations

Description: Nurse-Family Partnership is a free, voluntary program for women who are having their first baby. Registered nurses visit clients in their home throughout the pregnancy and continue to visit until the baby is two years old. The nurses provide coaching, health information, and resources, and work together with mothers to develop a parenting plan. Offered in English; interpretive services available upon request.

Location: Home visitation program

Phone Number: (970) 498-6731

Dates and Times: By appointment only. For details on date and time, visit the website listed below.

Cost: FREE

More information: <https://211uwaylc.communityos.org/zf/profile/service/id/1896635>

Breastfeeding Support Group—La Leche League Multiple Locations

Description: Provides breastfeeding information and support through monthly meetings and telephone help. Locations and meeting times vary in Northern Colorado. Offered in English and Spanish.

Location: Locations vary

Phone Number: (970) 980-6773

Dates and Times: 1st Wednesday monthly 6 p.m. – 7 p.m.; 3rd Thursday monthly 10 a.m.-11 a.m.

Cost: FREE

More information: <https://211uwaylc.communityos.org/zf/profile/service/id/780577>

Pregnancy Services—Birthline of Loveland Loveland

Description: Provides the following free services to pregnant women, expectant fathers, new parents, and their loved ones: Advocacy services, pregnancy testing, maternity clothes, baby clothes (up to 2 years old), diapers (up to size 4), adoption information, referrals to community resources related to pregnancy and parenting, program to support new fathers. Offered in English and limited Spanish.

Location: 1511 E. 11th Street, Suite 160, Loveland, CO 80537

Phone Number: (970) 663-2671

Dates and Times: For details on dates and times, visit the website listed below.

Cost: FREE

More information: <https://211uwaylc.communityos.org/zf/profile/service/id/279501>

Teen Parent Program—Poudre School District Fort Collins

Description: Offers curriculum related to prenatal development, labor and delivery, and positive parenting skills in addition to academic course work to meet graduation requirements. Transportation is available.

Location: 703 E. Prospect Rd., Fort Collins, CO 80525

Phone Number: (970) 490-3086

Dates and Times: For details on date and time, visit the website listed below.

Cost: FREE

More information: <https://211uwaylc.communityos.org/zf/profile/service/id/281395>

Welcome to Motherhood Support Group—University of Colorado Health Fort Collins

Description: Offers time to discuss topics important to moms such as postpartum depression, coping with crying, and safety in the home.

Location: 1107 S. Lemay Ave. Suite 160, Fort Collins, CO 80524

Phone Number: (970) 495-8285

Dates and Times: For details on date and time, visit the website listed below.

Cost: FREE

More information: <https://211uwaylc.communityos.org/zf/profile/service/id/279845>



Pre-natal and Infant Resources (continued)

Best Start for Babies– The Matthews House Community Life Center

Fort Collins

Description: Best Start for Babies is a series of 10 classes that provide education and support for you to feel more confident in your ability to respond to your children in healthy and positive ways. **Languages offered:** English and Spanish

Location: The Matthews House Community Life Center, 200 N. Grant Ave., Fort Collins

Phone Number: (970) 449-5191

Dates and Times: Saturdays from 9/30-12/9, 8:30-11 a.m.

Cost: FREE

More information: <https://tinyurl.com/BSBFall2017>



Resources for Ages 0-5

Adult Parenting and ESL Classes– Poudre School District

Fort Collins

Description: Provides English as a Second Language (ESL) and Parent Education classes for adults at no cost. At the following elementary schools: Eyestone , Putnam. Offered in English and Spanish.

Location: Eyestone Elementary, Putnam Elementary

Phone Number: (970) 490-3235

Dates and Times: September-December, Tuesdays and Thursdays from 6-8 p.m.

Cost: FREE

More information: <https://211uwaylc.communityos.org/zf/profile/service/id/1438208>

Bright by Three (Doctors Ln) - UCHealth

Fort Collins

Description: Offers parenting classes and tools to support families during the first three years of age. Home visits and group sessions are offered through community partners, volunteers and staff. Offered in English and Spanish.

Location: 1224 Doctors Ln., Fort Collins, CO 80524

Phone Number: (970) 495-7526

Dates and Times: For details on date and time, visit the website listed below.

Cost: FREE

More information: <https://211uwaylc.communityos.org/zf/profile/service/id/280888>

Estes Valley Investment in Childhood Success (EVICS)

Estes Park

Description: Partners with families and organizations to supports local child-focused programs. Teaches families about early childhood services available in Larimer County and assistance in finding local child care. Offered in English, Spanish, Interpretation Available.

Location: 600 S St. Vrain Ave., Estes Park, CO 80517

Phone Number: (970) 586-3055

Dates and Times: For details on date and time, visit the website listed below.

Cost: FREE

More information: <https://211uwaylc.communityos.org/zf/profile/service/id/279279>

Family Education Program—University of Colorado Health

Fort Collins

Description: Provides health-focused educational information for families or individuals in the various developmental-life stages from prenatal childbirth and breastfeeding education through adolescent development.

Location: 1025 Garfield Street, Suite A, Fort Collins, CO 80524

Phone Number: (970) 495-7526

Dates and Times: For details on date and time, visit the website listed below.

Cost: FREE

More information: <https://211uwaylc.communityos.org/zf/profile/service/id/308923>

Grandfamily Program—SummitStone Health Partners

Loveland

Description: Helps grand-families raising grandchildren or non-biological children through ongoing case management and supportive services, parenting classes, and support groups and helps navigate school and human services systems.

Location: 221 E. 29th Street, Suite 101, Loveland CO 80538

Phone Number: (970) 290-1624

Dates and Times: For details on date and time, visit the website listed below.

Cost: FREE

More information: <https://211uwaylc.communityos.org/zf/profile/service/id/598610>

Resources for Ages 0-5 (continued)

Parenting Classes—Family Center/La Familia Fort Collins

Description: Offers a variety of parenting classes designed to support parent knowledge of child development. Offered in English, some classes in Spanish.

Location: 309 Hickory Street, Fort Collins, CO 80524

Phone Number: (970) 221-1615

Dates and Times: For details on date and time, visit the website listed below.

Cost: FREE

More information: <https://211uwaylc.communityos.org/zf/profile/service/id/1445878>

Parenting Classes—Lutheran Family Services Fort Collins

Description: Classes are available for parents and caregivers who desire to strengthen parenting skills, learn more about child development, and increase healthy family relationships. Offered in English; some classes in Spanish.

Location: 2032 Lowe Street Suite 200, Fort Collins, CO 80525

Phone Number: (970) 356-6751 Ext. 5220

Dates and Times: For details on date and time, visit the website listed below.

Cost: FREE

More information: <https://211uwaylc.communityos.org/zf/profile/service/id/611079>

Parents as Teachers - Family Center/La Familia Fort Collins

Description: Provides a home visitation program designed to empower parents to effectively engage and guide their children's development, ages 0-5, through age appropriate interactions. Offered in English and Spanish.

Location: Home visitation program

Phone Number: (970) 221-1615

Dates and Times: For details on date and time, visit the website listed below.

Cost: FREE

More information: <https://211uwaylc.communityos.org/zf/profile/service/id/308928>

Parents as Teachers - Early Childhood Council of Larimer County/EVICS Estes Park

Description: Offers a parent education and support program to families throughout pregnancy until children are 5. Parents receive information and learn about activities they can do with their child during each stage of development to enhance their child's language development, intellectual growth, social development, and motor skills. Offered in English and Spanish.

Location: 600 S. St. Vrain Ave., Estes Park

Phone Number: (970) 646-5840

Dates and Times: For details on date and time, visit the website listed below.

Cost: FREE

More information: <https://211uwaylc.communityos.org/zf/profile/service/id/1435462>

Car Seat Safety Classes—SAFE KIDS Larimer County Coalition Fort Collins

Description: These classes are designed for families who cannot financially afford to purchase a car seat for their child. Families are limited to receiving one car seat per year. Families MUST REGISTER in advance. Classes are in English and Spanish.

Location: 1025 Garfield Street Suite A, Fort Collins, CO 80524

Phone Number: (970) 495-7502

Dates and Times: For details on date and time, visit the website listed below.

Cost: Car seat fee (~\$30)

More information: <https://211uwaylc.communityos.org/zf/profile/service/id/569013>